

Dear Parent/Guardian

## NSPCC Speak out. Stay Safe - Dress in BLUE day

The NSPCC's Speak out. Stay Safe. programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who will be delivering their Speak out. Stay safe. programme on Monday 30th October 2017. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they will be presenting an assembly to the children in our school as well as workshops for Year 5 and 6 which will take place one Friday 10<sup>th</sup> November 2017.

As a charity, the NSPCC can only provide these vital resources thanks to the financial support and generosity of their supporters. Which is why I am delighted to say that our school has chosen to support the valuable work of the NSPCC by taking part in a fundraising event, and I would really value your support and encouragement by dressing in BLUE on Monday 30th October 2017 with a voluntary contribution of £1:00.

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered - knowing how they can speak out and stay safe.

If you would like any more information about NSPCC Speak out. Stay safe. programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come and speak to me and I can provide more information.

## Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse - without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and guardians, please visit their website nspcc.org.uk/preventingabuse/keeping-children-safe.

Yours sincerely

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Mrs H Dummett Senior Assistant Principal/SENCO



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