

Positive Parenting

for parents, grandparents and carers of 5 - 11 year old children



A **free** course for practical parenting tips including reflecting on parenting styles, positive communication, managing challenging behaviour and promoting self esteem. A crèche may be available.



West Park Academy
Starting Wednesday 6th March
5 week course
9am - 11am

Booking is essential. To book a place or for more information please contact Learning & Skills:

Tel: 01325 405601

Email: l&s@darlington.gov.uk

Tel/Text: 07932 869325

Web: www.darlington.gov.uk/learningandskills



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Alternatively please leave your details with the school reception

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