

# Positive Parenting

for parents, grandparents and carers of 0-5 year old children



A free online course for parents and/or carers of children for practical parenting tips including reflecting on parenting styles, positive communication, managing challenging behaviour and promoting self esteem

**This five week course begins on Wednesday 1<sup>st</sup> July 2020,  
10am - 12 noon**

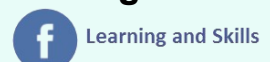
You will access the course via Google Classroom and Learning & Skills' Padlet. Access to a smart device and the internet are essential. Access to a printer is not essential but beneficial.

**Booking is essential. For more information please contact Learning & Skills:**

**CALL/TEXT:** 07932 869325

**EMAIL:** [l&s@darlington.gov.uk](mailto:l&s@darlington.gov.uk)

**WEB:** [www.darlington.gov.uk/learningandskills](http://www.darlington.gov.uk/learningandskills)



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