



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Popcorn chicken	Beef chilli Or Pepperoni Pizza	Roast turkey with Yorkshire pudding or a bread bun and gravy	Sausages	Fish Fillet
Vegetarian	Quorn nuggets	Margarita Pizza	Quorn fillet with Yorkshire pudding or a bread bun and gravy	Quorn sausage	Cheese and tomato paninis Or Cheese paninis
Side	Sweet potato wedges	Rice or Jacket	Mash potato	Potato wedges	Chips
Vegetables 	Peas and corn ----- Salad selection	Broccoli and Cauliflower ----- Salad selection	Carrots and Swede ----- Salad selection	Baked beans or carrots ----- Salad selection	Baked beans or peas ----- Salad selection
Light Bites	Pasta with sauce and cheese	Jacket potato with cheese or tuna	Pasta with sauce and cheese	Jacket potato with cheese or tuna	Pasta with sauce and cheese
Dessert 	Sprinkle cake ----- Yoghurt ----- Fruit	Jam sponge ----- Yoghurt ----- Fruit	Chocolate brownie ----- Yoghurt ----- Fruit	Fruit flapjack ----- Yoghurt ----- Fruit	Fruit, jelly and ice cream ----- Yoghurt ----- Fruit
Drinks	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
Trolley	Popcorn chicken/Quorn nuggets and salad Or Pasta, sauce and cheese	Jacket and beef chilli or cheese or tuna Or Pizza and salad	Turkey/Quorn dinner Or Pasta sauce and cheese	Sausage/Quorn, beans and wedges Or Jacket Potato	Fish, chips and beans Or Panini, chips and salad