



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat</b>	Sausages	Pepperoni pizza	Roast beef with Yorkshire pudding or bread bun	Tuna pasta bake	Fish Fillet
<b>Vegetarian</b>	Quorn sausages	Margarita pizza	Quorn fillet with Yorkshire pudding or a bread bun	Quiche	Cheese and tomato paninis Or Cheese Panini
<b>Side</b>	Chips	Sweet potato wedges	Mash potato	New potatoes	Chips
<b>Vegetables</b> 	Beans or corn ----- Salad selection	Corn and peas ----- Salad selection	Carrots and swede ----- Salad selection	Broccoli and cauliflower ----- Salad selection	Baked beans or peas ----- Salad selection
<b>Light Bites</b>	Pasta with sauce and cheese	Jacket potato with cheese or tuna	Pasta with sauce and cheese	Jacket potato with cheese or tuna	Pasta with sauce and cheese
<b>Dessert</b> 	Sprinkle cake ----- Yoghurt ----- Fruit	Sultana cookie ----- Yoghurt ----- Fruit	Chocolate brownie ----- Yoghurt ----- Fruit	Lemon sponge ----- Yoghurt ----- Fruit	Fruit, jelly and ice cream ----- Yoghurt ----- Fruit
<b>Drinks</b>	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
<b>Trolley</b>	Sausage/Quorn sausage, Chips and Beans Or Pasta, sauce and cheese	Pizza, salad and wedges Or Jacket potato	Beef/Quorn Dinner Or Pasta, sauce and cheese	Tuna Pasta Bake Or Quiche and salad	Fish, Chips and Beans Or Paninis and salad