

KS1 PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Multi Skills But with a focus around the basics of football</p> <p>Gymnastics</p>	<p>Dance The Lion King</p> <p>Team Games But with a focus around basketball</p>	<p>Gymnastics</p> <p>Games Mini hockey</p>	<p>Dance</p> <p>Games Mini tennis</p>	<p>Games Rounders</p> <p>Athletics</p>	<p>OAA</p> <p>Athletics Sports day prep</p>
Year 2	<p>Multi Skills But with a focus around the basics of football</p> <p>Gymnastics</p>	<p>Dance After dark Thriller</p> <p>Team Games With a focus on basketball</p>	<p>Gymnastics</p> <p>Games Mini hockey</p>	<p>Dance Handa's Surprise</p> <p>Games Mini tennis</p>	<p>Games Rounders</p> <p>Athletics</p>	<p>OAA</p> <p>Athletics Sports day prep</p>

The Games section of work in KS1 is mostly non-sport specific as per the National curriculum, however it is broken into areas of development including; throwing & catching, fielding and team games hence the inclusion of Football (teamwork) and Tennis (partner work). The main purpose is to improve gross motor skills and special awareness while developing listening skills by responding to instructional language.