

# **WEST PARK ACADEMY**

## **Play Policy**



**Policy completed: April 2022**

**Approved by Board of Trustees: May 2022**

**To be reviewed: April 2024**

## **Rationale**

Our school believes that all children need opportunities to play which allow them to explore, manipulate, experience and affect their environment. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities.

As a school we have adopted the Opal (Outdoor Play and Learning) programme. Their rationale is that *“better, more active and creative playtimes can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life”*.

## **Our Vision**

**At West Park Academy we aim to inspire a life-long love of learning where children are valued for their individuality and realise their full potential within a positive enriched learning environment. Curiosity, flexibility of thought and risk taking are at the heart of everything we do.**

**We have a curriculum that responds to children’s individual needs and questions about the world around them. Through meaningful enquiry we seek to promote resilience, independence and a sense of purpose.**

**We believe that good teamwork and supportive partnerships within the Academy and across the wider community leads to effective learning and high standards. Our children are responsible citizens, aware of and active within the local and global community.**

Play is an important part of developing the skills required to negotiate the world around them successfully, within a safe environment and as such contributes to children achieving our vision.

## **The Value of Play**

Play is defined as any freely chosen activity which a child finds satisfying and creative. It may or may not involve equipment or other people. We believe the learning opportunities of play include:

- Emotions e.g. learning about oneself and others, sadness/gladness, rejection/acceptance, frustration/achievement, boredom/fascination, fear/confidence.
- Social interactions - enhancing self-esteem and understanding of others through freely chosen interactions e.g. within peer groups, with individuals, with groups of different ages, abilities, interests, gender, ethnicity and culture.
- Making choices, problem solving, being creative
- Playing with scrap materials, tyres and other multipurpose objects
- Achieving and also coping with failing
- Communication and negotiation skill

## **The Adults' Role in Play**

The school will help children maximize the benefits they can gain from play by provision of trained staff who are informed by and work to the Playwork Principles.

- Play is essential for physical, emotional, social, spiritual and intellectual development
- Play enables children to explore the physical and social environment, different concepts and ideas
- Encourages self-confidence and the ability to make choices
- Play is critical to children's physical and emotional health, and enables them to explore and develop the balance between their right to act freely and their responsibilities to others
- Free play can have a direct positive impact on a child's ability to reach their potential

At West Park Academy, our curriculum aims to put children's personal development at the centre. Playtimes are an important part of the school day and as such are valued like any subject and developing play is the responsibility of all the adults in the setting.

## **Aims**

The school aims to address the provision of improved play opportunities:

- To ensure play settings provide a varied, challenging and stimulating environment.
- To allow children to take risks and use a common-sense approach to these risks and their benefits.
- To provide opportunities for children to develop their relationships with each other.
- To enable children to develop respect for their surroundings and each other.
- To aid children's physical, emotional, social, spiritual and intellectual development.
- To provide a range of environments which will encourage children to explore and play imaginatively.
- To provide a range of environments which will support children's learning across the curriculum and learning about the world around them.
- To promote independence and team work within children.
- To build emotional and physical resilience.

## **Benefit and Risk**

'Play is great for children's well-being and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool' *Managing Risk in Play Provision: Implementation guide is published for Play England 2012*

**The school will use the Health and Safety Executive guidance document 'Children's Play and Leisure – Promoting a Balanced Approach' (September 2012) as the principle value statement informing its approach to managing risk in play (See Appendix 1).**

**The school will also follow the Opal Cycle when introducing new resources (See Appendix 2)**

It will adopt a benefits/risk approach as detailed in 'Managing Risk in Play Provision' Implementation Guide. Managing Risk in Play Provision Risk-taking is an essential feature of play provision, and of all environments in which children and young people legitimately spend time at play. Play provision aims to offer children and young people the chance to encounter acceptable risks as part of a stimulating, challenging and controlled learning environment. In the words of the play sector publication Best Play, play provision should aim to 'manage the balance between the need to offer risk and the need to keep children and young people safe from harm'.

In addition to standard risk/benefit assessments, the school will practice dynamic risk management with children encouraging them to identify and manage risks in an environment where adults are present to support them.

### **Supervision**

The law requires that children in school have supervision but for primary school playtimes there are no stated ratios. During the school day there should be one or more adults present outdoors. The school recognizes OPAL's three models of supervision - Direct, Remote and Ranging. Except for new children in Reception and Nursery, the school does not believe direct supervision is possible or beneficial. Supervision will take remote and ranging models, so that children can quickly find an adult, and adults can patrol large sites to gain an awareness of the kinds of play and levels of risk likely to be emerging.

Staff will use and refer to '*The Playwork Principles*' produced by Opal that all supervisory staff have received when appropriate interventions are needed, and ultimately will strive for facilitating an environment which nurtures self-directed play.

The play-worker's core function is to create an environment which will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced play-worker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and culture fostered within the play setting. Play-workers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are available to participate in the play if invited.

### **Environment**

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable risk and thereby offer the opportunity to explore both themselves, through their freely chosen play.

## Appendix 1

### Health & Safety Executive Guidance Document -

### CHILDREN'S PLAY AND LEISURE – PROMOTING A BALANCED APPROACH



Health and Safety  
Executive

#### CHILDREN'S PLAY AND LEISURE – PROMOTING A BALANCED APPROACH

1. Health and safety laws and regulations are sometimes presented as a reason why certain play and leisure activities undertaken by children and young people should be discouraged. The reasons for this misunderstanding are many and varied. They include fears of litigation or criminal prosecution because even the most trivial risk has not been removed. There can be frustration with the amounts of paperwork involved, and misunderstanding about what needs to be done to control significant risks.
2. The purpose of this statement is to give clear messages which tackle these misunderstandings. In this statement, HSE makes clear that, as a regulator, it recognises the benefits of allowing children and young people of all ages and abilities to have challenging play opportunities.
3. HSE fully supports the provision of play for all children in a variety of environments. HSE understands and accepts that this means children will often be exposed to play environments which, whilst well-managed, carry a degree of risk and sometimes potential danger.
4. HSE wants to make sure that mistaken health and safety concerns do not create sterile play environments that lack challenge and so prevent children from expanding their learning and stretching their abilities.
5. This statement provides all those with a stake in encouraging children to play with a clear picture of HSE's perspective on these issues. HSE wants to encourage a focus on the sensible and proportionate control of real risks<sup>1</sup> and not on unnecessary paperwork. HSE's primary interest is in real risks arising from serious breaches of the law and our investigations are targeted at these issues.

#### Recognising the benefits of play

*Key message: 'Play is great for children's well-being and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool'.*

6. HSE fully recognises that play brings the world to life for children. It provides for an exploration and understanding of their abilities; helps them to learn and develop; and exposes them to the realities of the world in which they will live, which is a world not free from risk but rather one where risk is ever present. The opportunity for play develops a child's risk awareness and prepares them for their future lives.
7. Striking the right balance between protecting children from the most serious risks and allowing them to reap the benefits of play is not always easy. It is not about eliminating risk. Nor is it

<sup>1</sup> The Courts have made clear that when health and safety law refers to 'risks', it is not contemplating risks that are trivial or fanciful. It is not the purpose to impose burdens on employers that are wholly unreasonable (R v Chagot (2009) 2 All ER 660 [27]).

about complicated methods of calculating risks or benefits. In essence, play is a safe and beneficial activity. Sensible adult judgements are all that is generally required to derive the best benefits to children whilst ensuring that they are not exposed to unnecessary risk. In making these judgements, industry standards such as EN 1176 offer bench marks that can help.

8. Striking the right balance *does* mean:

- Weighing up risks and benefits when designing and providing play opportunities and activities
- Focussing on and controlling the most serious risks, and those that are not beneficial to the play activity or foreseeable by the user
- Recognising that the introduction of risk might form part of play opportunities and activity
- Understanding that the purpose of risk control is not the elimination of all risk, and so accepting that the possibility of even serious or life-threatening injuries cannot be eliminated, though it should be managed
- Ensuring that the benefits of play are experienced to the full

9. Striking the right balance *does not* mean:

- All risks must be eliminated or continually reduced
- Every aspect of play provision must be set out in copious paperwork as part of a misguided security blanket
- Detailed assessments aimed at high-risk play activities are used for low-risk activities
- Ignoring risks that are not beneficial or integral to the play activity, such as those introduced through poor maintenance of equipment
- Mistakes and accidents will not happen

### What parents and society should expect from play providers

*Key message: 'Those providing play opportunities should focus on controlling the real risks, while securing or increasing the benefits – not on the paperwork'.*

10. Play providers<sup>2</sup> should use their own judgement and expertise as well as, where appropriate, the judgement of others, to ensure that the assessments and controls proposed are proportionate to the risks involved.

11. They should communicate what these controls are, why they are necessary and so ensure everyone focuses on the important risks.

12. It is important that providers' arrangements ensure that:

- The beneficial aspects of play - and the exposure of children to a level of risk and challenge - are not unnecessarily reduced
- Assessment and judgement focuses on the real risks, not the trivial and fanciful
- Controls are proportionate and so reflect the level of risk

<sup>2</sup> Play providers include those managing or providing play facilities or activities in parks, green spaces, adventure playgrounds, holiday playschemes, schools, youth clubs, family entertainment centres and childcare provision.



13. To help with controlling risks sensibly and proportionately, the play sector has produced the publication *Managing Risk in Play Provision: Implementation Guide* which provides guidance on managing the risks in play. The approach in this guidance is that risks and benefits are considered alongside each other in a risk-benefit assessment. This includes an assessment of the risks which, while taking into account the benefits of the activity, ensures that any precautions are practicable and proportionate and reflect the level of risk. HSE supports this guidance, as a sensible approach to risk management.

#### **If things go wrong**

*Key message: 'Accidents and mistakes happen during play – but fear of litigation and prosecution has been blown out of proportion.'*

14. Play providers are expected to deal with risk responsibly, sensibly and proportionately. In practice, serious accidents of any kind are very unlikely. On the rare occasions when things go wrong, it is important to know how to respond to the incident properly and to conduct a balanced, transparent review.
15. In the case of the most serious failures of duty, prosecution rightly remains a possibility, and cannot be entirely ruled out. However, this possibility does not mean that play providers should eliminate even the most trivial of risks. Provided sensible and proportionate steps have been taken, it is highly unlikely there would be any breach of health and safety law involved, or that it would be in the public interest to bring a prosecution.

**September 2012**

## Appendix 2

### Opal Cycle

