

How can we make our school dinners even better?

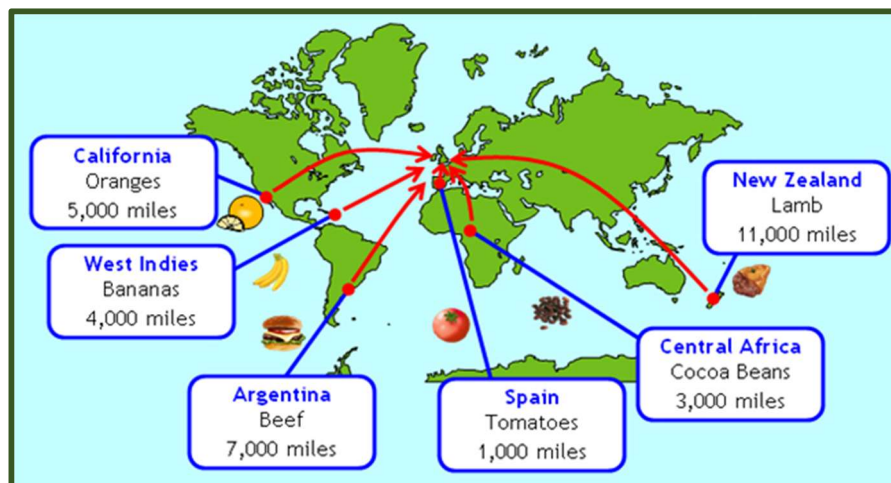
Vocabulary	
Agriculture	The work of raising crops and farm animals.
climate	The usual weather conditions in a place.
economy	The careful use of money, resources and production.
environment	Everything that surround animals and humans in the natural world.
export	To send to another country to sell.
hygiene	Keeping clean to stay healthy and prevent disease.
import	To bring into another country, to buy.
irrigation	The supplying of water to land by man-made ways.
plantation	A large farm used for growing crops to sell.
production chain	All the stages of making a product, together
recipe	A list of ingredients and instructions for making a food dish
utensil	A device, instrument, or container used in a kitchen.

A **healthy diet** is made up from a variety of different food and drink, as shown in The **Eatwell Plate**.



Zone	Description	Example
Polar	Very cold and dry all year round	Antarctica
Temperate	Cold winters and mild summers	UK
Arid	Dry and hot all year round	Sahara Desert
Tropical	Hot and wet all year round	Brazil
Mediterranean	Dry, hot summers and mild winters	Spain
Mountainous	Very cold, sometimes wet, all year	Himalayas

Around the world there are many different **climate** areas, or zones. **Tropical, arid, Mediterranean, temperate** and **polar** are all different types of climate that occur in certain zones.



Our food comes from many different places around the world. There can be many different steps along the journey from **farm to fork**. The food choices we make affect people and nature in many different places.



The UK buys and sells food around the world. Not all foodstuffs can be produced in a country with a **temperate climate**, such as the UK.

The **Fairtrade** mark guarantees a fair price for food production.



Seasonal change affects what can be grown here and when. This means that we can't eat these crops all year round. Or can we?

