

January Money Help

January is always a tough month for most people, probably more so than ever this year with the cost-of-living crisis, if you are experiencing financial problems, please remember you're not on your own, help is at hand, please speak to someone.

Money Helper

Money Helper
(Formally Money Advice Service)
www.moneyhelper.org.uk



Darlington Credit Union
01325 529829
www.darlingtoncreditunion.co.uk



Darlington Citizens advice bureau
01325 266888 | www.citizensadvice.org.uk



DBC Money Advice internet page
www.darlington.gov.uk

Salary Finance

Salary Finance
Dbc.salaryfinance.com



Darlington Mind
Offering a range of support and wellbeing services
01325 283169 | www.darlingtonmind.com

SAMARITANS

Samaritans
116123
www.samaritans.org/branches/darlington



DBC Mental Health First Aiders
01325 408866 or 8866



Darlington 700 Club
01325 366397 | www.700club.org.uk

