

-During this half term our enquiry is:

What Do I Know About Me?

This half term we will be exploring ourselves. What do we know about ourselves? What makes us different from others? This is a fantastic first topic for all of our children that provides them with opportunities to examine aspects of their own lives including:-

- Growing up – from being a baby to now
- My family – all about their family
- Going to school – settling in, making friends, all about my school
- Favourite things – including toys, books, friends, other people, food and colours
- My senses – finding out about the world around them

Key texts The Dot, The Colour Monster, The Rainbow Fish, The Little Red Hen

Subject	Activities / areas to be covered in school	Possible learning at home
Personal, Social and Emotional Development.	I will be learning to.... • create class rules with my friends • participate in turn taking games • learning how to build friendships and be kind • try new activities independently and select resources independently • wash my own hands and understand the importance of this • know routines of the school day • think about mine and the feelings of others • talk about my family and other people who are important to me • think about occasions/events special to themselves and others	Find as many opportunities as possible to talk to your child about their school day. Sometimes children open up more about their activities during bath time, tea time and bed time when they're relaxed. Discuss your family and who is in it – explain the dynamics of your family. Their grandma is in fact your mum! Encourage your child to be as independent as they can. Spend some time on a weekend allowing them to get themselves ready – I know this can be a rush on a school morning! Encourage your child to tidy up, you could even put on a countdown timer and turn it into a game! Discuss why it is important to all tidy up together. Ask your child the question – What makes a good friend? What do we need to do to be a good friend?

Physical Development	I will learning to... • explore movements with my body • move with confidence, control and safety • develop my hand control • travel in a variety of ways • learn about a healthy lifestyle • learn to balance on different parts of my body • use a range of tools safely • play group games • move safely in the space • use small and large equipment • dance to music	There are lots of different ways in which you can enhance your child's/ children's fine motor skills at home. Here is a great website that gives you lots of ideas; https://teaching2and3yearolds.com/55-ways-strengthen-fine-motor-skills-home/ The fine motor activities on this website are for children aged between 2 and 5, so there are lots to choose from for everyone! Your child needs to have built all the muscles up in their hands before we even think about writing so all of these activities are essential. Run, jump, skip, hop, climb, balance, and roll – All of these things are great! Be explorers, detectives... anything you want. But all of these large scale movements help with the little movements the children need – such as holding a pencil. Discuss with your child how we keep our bodies healthy What foods are healthy/unhealthy? What food do we eat lots of and what foods must we only eat a little.
Communication and Language.	I will be learning to... • take part in circle time and share my thoughts and ideas • talk about myself using describing words such as tall, short • imagine and recreate roles in real life family situations and fictional stories • ask questions to get to know my friends in my new class • talk about my family • listen to stories and rhymes including, Titch, My Mum is Great, My Dad is Great, The Dot, The Colour Monster, The Rainbow Fish, The Little Red Hen, If your happy and you know it, Simon Says, Gruffalo Granny	Try and find as many opportunities as you can to talk to your child. Model how to speak in full sentences and encourage your child to answer using a full sentence rather than just one-word answer. It's all about how we model speech. If they make a mistakes, just repeat the word/sentence back to them and model the correct way. Read stories and talk about them. Ask them questions based on the story. Can they ask you any questions about the story?

Literacy	I will be learning to... • recognise and write my name. Know that it has a capital letter at the beginning • listen to and distinguish between everyday sounds • share picture books and stories • know the different phonemes s, a, t, i, p, n, m, d, g, o, c, k, ck, e, u, r, h, b, f, l and learn the mantras to go with them • begin to understand that words are made up of phonemes and that a sentence is made up of words • practise forming the graphemes s, a, t, i, p, n, m, d, g, o, c, k, ck, e, u, r, h, b, f, l and learn the mantras to help with this • write and read simple words it, in, is, at, pat, pin, sat, tap • Begin to learn some 'Tricky Words' is, I, the • talk about my family. • write for a purpose e.g. making lists, labelling pictures, in role-play. • re-tell stories with story sack props • talk about characters in story books • label my body parts • take part in activities to develop my fine motor skills	Write your child's name. Talk about the letters that are in it. Have a go at writing it. You could practice writing it in the air, then practise on paper. Have a go at drawing your family! Write the shopping list together or make lists for anything! Speak aloud the words as you write them so that the children can see you writing for a purpose. Read stories at bedtime and talk about them. Can they predict what's going to happen? Can they talk about how the characters are feeling? Let your child turn the pages carefully as you read the story. Practice the phonemes daily.
Mathematics	I will be learning to.... • come together as a whole class to practise mathematic skills • recognise similarities and differences between objects • count, recognise and order numbers to 5 using concrete objects • Subitise with numbers to 5 • match numbers to quantities of groups • say the number one more/less than a given number • name and describe simple 2D shapes • create repeating patterns • understand the 'part-part-whole' structure of number • to record my mathematical learning	Look at what number house you live at. What about other people in your family, what number house do they live at? Count your shopping tins as you put them away. Count the stairs as you walk up and down them. Look at the numbers all around you – we are surrounded by them! Can you point them out and say what number it is? Baking is a great opportunity to explore weight and quantity – and number! So what better reason to make and eat a delicious cake!

Understanding the World	I will be learning to... • talk about similarities and differences between my friends • discuss the different parts of the body and how to look after ourselves • use the iPads to help me in my learning. • use my five senses to investigate • go on local walks around the school • find out about the different parts of the body • talk about people in my family • talk about the weather each day and what they see outside • trip to the theatre	Talk to your child/children about what makes them different to others. This could include talking about what food they like to eat or what toys they like to play with. Do they have a favourite colour? What is their friend's favourite colour? How is there family different to other families? After all, every family is different. Talk to your child about what makes them unique. Talk to your child about the seasonal change. As we head into Autumn there are lots of environmental changes that you can discuss.
Expressive Arts and Design	I will be learning to... • explore sounds and move to music • explore International Dot Day 15.9.26 • explore variety of instruments • paint and draw self portraits • sing familiar songs • name and mix colours • use my body to make sounds • explore 2D and 3D art • move to music	Time to get messy! Painting is a great way for your child to express themselves. You could even have a go at painting their faces. What colour eyes do they have? What colour is their hair? Do they have freckles? Do they wear glasses? This could be a great discussion about how we all look different and that's what makes us unique. Continue to sing nursery rhymes and other songs that the children might know. This helps the children to rhyme as they progress through the year.
Key Vocabulary	Me, unique, same, different, family, healthy, unhealthy, exercise, names of parts of the body, taller, tallest, smaller, smallest, colours, kind, unkind, helpful, caring, family, special, share, safe, unsafe, friendly, respectful	
Parents	Phonics and Maths Information Evening- More info to follow	