

-During this half term our enquiry is:

What makes me, me?

This half term is all about settling into Year 1 and getting to know each of our wonderful children!

We'll be spending time building relationships, helping the children adjust to new routines, and creating a warm, happy classroom where everyone feels safe and ready to learn. We'll also be introducing our daily *emotional check-in*. Each morning, the children can pop their lollipop stick into the emotion that best matches how they're feeling. If anyone needs a little extra support, an adult will be there for a follow-up chat.

We'll start exploring how we've all changed over time by looking at baby photos and begin learning about our amazing bodies in Science. Later in the term, we'll be talking about where we live, discovering more about our local area and how it could be improved. Whilst learning about ourselves, we will learn about how to look after our emotions.

Subject	Activities / areas to be covered in school	Possible learning at home
English	In English this half term, we will start by focusing on fine motor and handwriting skills. It is important that children develop their handwriting and pencil grip to best prepare them for writing as they move through school. We also teach spellings each week and carry out a range of activities to practise key words. In Phonics we begin by recapping sounds taught in Reception before moving onto Phase 5 phonics, which is the Year 1 content. In our main English sessions, we will be focussing on a different story each week, exploring the author, vocabulary and spellings within the books and using them as a stimulus for some sentence writing.	Each week we will send a copy of the spellings and also the focus in phonics. Please practise these regularly. We will not have weekly spelling tests but it is important the children become confident and fluent in reading and writing these words. Regular reading is a key part in the journey to become a fluent reader, please ensure you are supporting your child with reading as much as possible at home. Rereading familiar texts is helpful to build fluency.
Maths	We are revisiting numbers within 10. We will be learning to recognise the numbers, counting forwards and backwards to 10, counting accurately from a large group of objects up to 10, fluently recalling one more and one less and comparing amounts. The children will learn about the composition of each number within 10, understanding that they are made of parts, including 5 and a bit numbers. E.g. 5 and 3 is 8, 5 and 2 is 7. They will use different objects to represent numbers. All children will have the opportunity to apply and deepen their knowledge through problem solving.	In Year 1, this foundational learning is so important to build upon as they move through the year and beyond. We always encourage fluency and fast recall. We use Numbots in school and they will be able to login at home too. Can you incorporate counting into your day to day life? "How many knives and forks do we need to set the table?", "Can you count the stairs as you walk up to bed?", "How many lego bricks are there in your tower?"

Year One

Autumn 1 Overview



		Quick number recognition games, e.g. dominoes, dice games, are a fun way to practise maths. 😊
Science	Through Science, we will be learning all about the human body. We will be able to identify, name and label the different parts of the human body as well as be able to say which body part is related to each sense.	Notice how you use your body to move and play in everyday life. You may like create your own sensory game where you have to use your sense to guess an object. This could be through touch, sound, sight, taste or smell.
Computing	This half term, computing focuses on the children becoming familiar and independent when using the ipads for Numbots. They will become familiar with logging on and off the app, as well as typing their username and passwords.	Navigating the app can take some practise so having a go at home can help with this.
Physical Education	Our indoor PE sessions will focus on Gymnastics where we will be familiarising ourselves with our bodies and how we can move and control them, making different key shapes. For outdoor PE we will be teaching multi-skills focused around football and ball skills.	Practise moving in different directions forwards, backwards, side step etc. The Cha Cha Slide is a fun song to help with this! Can you control a ball with your feet? Can you move around with it close to your feet?
PSHCE	Children will be learning all about their feelings. They will begin to recognise and understand their own feelings. They will learn how to express their feelings as well as considering the feelings of others. In different situations, the children will learn how their feelings can change and how they can regulate.	Encourage your child to name their feelings, modelling with your own feelings. Practise coregulating, trying some calming strategies together such as breathing techniques.
Digital Literacy (Online Safety)	We will be thinking about privacy and security when using the Internet. What might we keep private about ourselves, what is ok to share? What do we do if we are worried or upset?	What things about you is personal information? Who is your trusted adult at home?
Religious Education	Our RE question this half term is 'Who do Christians say made the world?' They will learn about the Christian creation story, understanding the key events and retelling. They will begin to learn that some Christians believe different things about creation. The children will also consider how Christians may act in response to creation and why they may choose to praise God for it.	Encourage the children to retell the Christian creation story. They could do this in any way they prefer. For example verbally, through drawing or writing.
Design Technology	Children will begin the year by exploring joining techniques using glue, tape and string. They will create frames for their artwork using card, whilst practising their cutting skills too.	Have a go at using elastic bands to join materials together such as sticks. Progress onto tying simple knots with rope or string. These skills can help your child to eventually learn to tie their shoelaces.
Art	In Art, our focus is going to be on spirals. We are going to be looking at the way we can make marks on a drawing surface, exploring how the way we hold a drawing tool and move our bodies, can affect the drawings we make.	Can you find any materials at home you could use when creating spirals? Explore your garden, what can you find outside? Create spirals out of your chosen medium. E.g. sand, chalk, paint.

Year One

Autumn 1 Overview



Music	We are going to be listening to a range of tracks and our focus is to identify the beat and rhythm. We will practise clapping out the beat and moving our bodies to a rhythm.	What kind of music do you like singing and dancing to? Can you clap along to the beat? How else can you use your body to make rhythms or sounds to music?
Geography	This half term we will be considering where we live and what is in our local environment. We will look at physical and human features and talk about places in our local area and how we might improve them. We will also look at simple maps and plans.	Think about your journey to school and the things you pass on the way. Are there any shops or parks that you pass? Think about when you might use a map and why they are helpful.
History	In History, our theme continues as we think about 'Changes through living memory'. We will be sharing photographs so that the children can reflect on changes which have occurred to them in their young lives. This will enable the children to acquire some sense of the passing of time and recognise that they have similarities with other children.	Talk about the members of your family and the special times you have had together. Perhaps you have some photographs you can look at and reflect upon. How have you changed?