

Relationships, Sex and Health Education

Parent and Carer Consultation

Working together to support our children

At West Park Academy we believe that Relationships, Sex and Health Education (RSHE) is an important part of helping children develop the knowledge, skills and confidence they need to stay safe, develop healthy relationships and look after their physical and emotional wellbeing.

We follow the **Kapow Primary RSE & PSHE curriculum**, which provides a carefully sequenced programme of learning from Reception to Year 6. We have adapted the programme where appropriate to meet the needs of our pupils and our school community.

What is RSHE?

RSHE includes three main areas:

Relationships Education

Children learn about families and friendships, respectful relationships, managing relationships, recognising when relationships are unhealthy and how to seek help.

Health Education

Children learn about physical and mental health, emotional wellbeing, growing and changing, staying safe, online safety, healthy lifestyles and first aid.

Sex Education

Sex Education is **not compulsory in primary schools**. Schools may choose to teach additional, age-appropriate content beyond the statutory Science curriculum.

At West Park Academy we have chosen to teach Kapow's **non-statutory Year 6 Sex Education unit**.

What is statutory?

The following areas are statutory in primary schools:

- Relationships Education
- Health Education
- Relevant content within the Science curriculum

All pupils are expected to take part in these areas of learning.

Parents do not have the right to withdraw their child from statutory Relationships or Health Education.

What is non-statutory?

Our school has chosen to teach the **Kapow Year 6 Sex Education unit**:

How do people become parents and carers?

This unit helps pupils develop an age-appropriate understanding of conception, pregnancy, birth and different ways families are formed. It also includes learning about babies' needs, caring for a baby and consent.

This is **non-statutory Sex Education**, meaning that parents have the right to request that their child is withdrawn from this learning.

How do we teach sensitive topics?

Sensitive content is taught in an **age-appropriate, respectful and factual way**.

Teachers create a safe environment where children can:

- Ask questions appropriately.
- Use correct scientific and anatomical vocabulary.
- Listen respectfully to the views of others.
- Understand personal boundaries and privacy.
- Know how and where to seek help.
- Understand that families and relationships can be different.

Lessons are carefully planned and follow the Kapow sequence so that children's knowledge and understanding develop gradually over time.

Working with parents and carers

We recognise that parents and carers play an important role in supporting children's understanding of relationships, health and growing up.

We aim to:

- Be open and transparent about what children will learn.
- Share information about the curriculum.

- Give parents the opportunity to ask questions.
 - Listen to parents' views when reviewing our RSHE policy.
 - Provide opportunities for parents to view relevant teaching materials where appropriate.
 - Support parents in continuing conversations with their children at home.
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Your right to withdraw

Parents and carers **may request that their child is withdrawn from the non-statutory Sex Education unit.**

If parents would like to discuss this, they can contact the school. We will be happy to explain what is covered and answer any questions you may have.

There is no right to withdraw children from statutory Relationships Education, Health Education or relevant Science teaching.

We would like to hear from you

We welcome the opportunity to work together with parents and carers as we develop and review our RSHE provision.

If you have any questions, comments or would like to understand more about what your child will be taught, **please get in touch with the school.**

Would you like to discuss this further?

If you would like to meet with a member of staff to discuss our RSHE curriculum, ask questions or share your views, please contact the school office to arrange a meeting.

Your views are important to us and we welcome an open and respectful conversation.